Parent Round Table

The Parent's Auxiliary would like to invite you to join us for this school year’s parent roundtable meetings. They are held the 1st Thursday of every month except January, which will be held the 2nd Thursday, from 12:00 to 1:30 in room 215 of the upper school.

The round table is geared toward middle and upper school students, though all parents are welcomed. All participants agree to confidentiality allowing parents, if they wish, to share their own thoughts and experiences. These sessions are positive - building on our strengths, looking to our hopes for the future, and sharing thoughts and humor.

The group of attending parents selects the next month’s topic. A discussion of the topic is led by one of Arkansas’s best-known parenting experts, Sharon Long, of Centers for Youth and Families.

Topics are very diverse, reflecting a subject of current interest. Examples of topics addressed are: Friends and peer groups, Social decisions, Limits and boundaries, Sleep, Parental involvement, Bullying, Trust, and particularly, Communication. Despite the great home lives and wonderful kids we have, there is always the chance of learning something that may bring our families closer together.

The sessions are free, sponsored by the Parent's Auxiliary; you may leave early or arrive late; you may speak or just listen; and you may bring your lunch. Many participants have rarely missed a session for five plus years, others come once or twice a year. We are offering a special welcome to middle school parents to join in this unique and helpful program and hope to gear many topics to that age bracket.

Please record the Round Table schedule for 2012-13 on your calendar. The topics are advertised in the Wildcat weekly and School Website the week before the meetings: September 6, October 4, November 1, December 6, January 10, February 7, March 7, April 4, May 2

Facilitator, Episcopal Collegiate Parent Round Table
Sharon Long, M.S.
Parent Education Coordinator/Trainer
Centers for Youth and Families

Sharon Long has an undergraduate degree in Educational Psychology and a graduate degree in Psychology from Mississippi State University. She is a certified trainer in Active Parenting, Systematic Training for Effective Parenting, The Nurturing Program, Common Sense Parenting, Strengthening Multi-Ethnic Families and Communities, and Mental Health First Aid. Long is a trainer-of-trainers in Active Parenting Today and Building Developmental Assets. She has been teaching parenting classes since 1985 and has worked with Centers for Youth and Families for the past 21 years. Currently, Long coordinates and facilitates Centers’ Parent Education Program, including a wide array of classes and workshops. In addition, she develops and implements specialized programs and conducts community-based trainings for professionals in the area of parent education.