



ImPACT Baseline Testing – FAQ

What is an ImPACT Baseline Test?

It is a web-based computerized test used to test your cognitive ability. It is NOT an IQ test. It is not a test of memory, attention, or reaction time.

How long does the test take?

20-30 minutes

How old do I have to be to take the ImPACT test?

The test was designed to be taken by 10-59 year olds.

How can someone obtain a cognitive baseline test if they are not in the age range for the ImPACT test?

There are other non-computerized neuropsychological tests that can be given to anyone younger than 10 years of age or over 59 years of age.

What is the cost of the ImPACT Baseline Test?

The cost for athletes (Junior High through College) is \$5.

What happens to the test once I have completed it?

All tests are confidentially stored on a secure server that only the Episcopal Collegiate School Sports Medicine staff can access.

Will I get a copy of the test?

No, your test results will only be used in the event that you suffer a concussion. Following a concussion, you would take a post-injury test and the results from your baseline test would be compared to the results you obtain following your concussion. The tests help the Sports Medicine staff get you back to play safely following a concussion.

What if I have a concussion and go to the Emergency Room?

Emergency room physicians are not trained to interpret ImPACT data and will not administer a post-injury test. You will more than likely be given a CT or MRI at the hospital. 9 times out of 10 the results are normal, but that doesn't mean you don't have a concussion. If you have any concussion symptoms you should follow-up with the Sports Medicine staff and, upon their referral, a concussion specialist.

What if I choose to see my primary doctor, can I get a copy of my ImPACT baseline test?

Yes, please contact the Sports Medicine staff at Ext. 2444 to request a copy of your ImPACT baseline test.

Please note that not all doctors are trained to interpret the ImPACT data and may not be able to administer a post-injury test.

What if I get injured and don't have a baseline?

You would take a post-injury test and the results would be compared to the norms for your age group and gender. This gives our Sports Medicine staff an idea of where you are supposed to be cognitively. Of course it is better to have the baseline for a more accurate comparison.

How often do I need to take a baseline test?

As an athlete, we recommend you take the test every 2 years. Currently, only athletes participating in contact sports will be given baseline tests.